INTERNSHIPS IN CLINICAL PSYCHOLOGY AND NEUROPSYCHOLOGY

CIUSSS West-Central Montreal

2018-2019

SITES:

JEWISH GENERAL HOSPITAL:
Psychiatry
Herzl Family Practice Centre
McGill Memory Clinic

CONSTANCE-LETHBRIDGE REHABILITATION CENTRE

CLSC:
Benny Farm
Côte-des-Neiges
Métro
Parc-Extention
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PRESENTATION OF THE CIUSSS WEST-CENTRAL MONTREAL

The Integrated Health and Social Services University Network for West-Central Montreal was created on April, 1st, 2015.

It included the following 21 institutions:
- Administrative Centre
- Catherine-Booth Hospital
- CLSC de Benny Farm
- CLSC de Côte-des-Neiges
- CLSC de Parc-Extension
- CLSC Métro
- CLSC René-Cassin
- Constance-Lethbridge Rehabilitation Centre
- Côte-des-Neiges Birth Centre midwives
- Donald Berman Maimonides Geriatric Centre
- Father-Dowd Residential Centre
- Henri-Bradet Residential Centre
- Jewish Eldercare Centre
- Jewish general hospital
- MAB-Mackay Rehabilitation Centre
- Miriam Centre
- Mount Sinai Hospital
- Outremont Point of service
- Richardson Hospital
- Saint-Andrew Residential Centre
- Saint-Margaret Residential Centre

The mission

To properly integrate public services, the CIUSSS West-Central Montreal:
- is at the core of a Territorial Network of Services (Réseau Territorial de Services - RTS);
- is responsible for the delivery of care and services to the population of its health and social service territory, including the public health component;
- assumes populational responsibility for its health and social services territory's population;
- organizes the core and complementary services in its territory as part of its multiple missions, (CH, CLSC, CHSLD, CPEJ, CR) based on the needs of its population and its territorial realities; and
- enters into agreements with other institutions and partner organizations of the RTS (such as university hospital centres, medical clinics, family medicine groups, network clinics, community organizations, community pharmacies and external partners).
Access to health services and social services for the English speaking population of Montreal

The CIUSSS West-Central Montreal is an institution designated as having to provide all services in both English and French, in compliance with the legislation in place, mandates entrusted thereto, and available resources.

University Mission

As part of our network’s university mission, CIUSSS West-Central Montreal is committed to providing the highest quality care and services in partnership with our users and their families, as well as advancing the knowledge and practices of health and the social services. This is accomplished through excellence in research, education and innovation, which ultimately enhances the care and services that this institution provides.

Clinical and University teaching à CIUSSS West-Central

Clinical teaching is part of the university mission of the CIUSSS West-Central Montreal. Our educational activities provide a rich learning environment that promotes knowledge transfer, best practices and quality of services provided to patients and clients.

Affiliation to Montreal universities

The CIUSSS West-Central Montreal is affiliated with McGill University, Université de Montréal and UQAM, and works in partnership with other universities as well, Cegeps and non-university educational institutions in order to promote the quality of clinical training for students.
Internships

Internships are available at the pre-doctoral levels and, depending on the site, at the level of stage or practicum. The goal of practicum level training is to develop the basic clinical skills of the trainee, by ensuring a "clinical feel of the setting and its patients, working with supervisors, and participating as a member of a team". The emphasis is on patient contact, in the context of evaluation and introduction to various forms of interventions. The pre-doctoral level internships focus on specialized assessment and intervention methods, such as individual psychotherapy, family therapy, behavioral medicine, and neuropsychology. It also offers opportunities for participation in research projects as well.

Internships, stages and practicums meet university requirements as well as those of the Ordre des Psychologues du Québec (OPQ). This document describes the specific aspects of each offer.

In addition to clinical activities, stagiaires and interns benefit from various additional learning opportunities such as attending conferences and seminars in psychiatry and psychology offered at the Jewish General Hospital, among others.

Supervision and Evaluation of Internship Experience

In accordance with OPQ requirements, full-time interns normally receive four hours of supervision per week, two of which are in individual mode. The psychology service suggests a mid-internship meeting where each intern is seen by two other psychologists than his supervisor to discuss progress, solicit his perception of the training he receives and his perception of the internship environment as a whole. The clinical coordinators of the internships also make themselves available during the course of the year for any student who wishes to discuss his internship situation. This formula allows us to accumulate information on the progress of internships and stages in our environment and to aim at the constant improvement of our offers.

Evaluation Procedure for Pre-doctoral Interns

Internships and stages are the subject of contracts between the University to which the student is attached, the supervisors and the Academic Affairs Directorate of the CIUSSS. The student evaluation follows academic requirements and generally involves a mid-year formative evaluation and a final summative evaluation. If the student encounters difficulties along the way that put his success at risk, the psychology service strongly recommends that a remedial plan be developed between the student and the supervisor. If necessary, it is recommended that an ad hoc committee be established to support the student and his supervisor in this task. In some cases, it may be necessary to discuss the student’s situation with the university clinical coordinator.
SECTION I: Jewish General Hospital

Jewish General Hospital

Jewish General Hospital, a 637 bed, provides tertiary care for a multicultural, multi-ethnic patient population. Located in the Côte des Neiges district of Montréal, the hospital has close to 700 physicians on its attending staff and more than 4,413 employees.

Since it first opened its doors in 1934, the Jewish General Hospital has been committed to the highest standards of patient care, teaching and research. A complete array of health care services, with the exception of pediatrics, is provided. In recent years, the hospital has earned an international reputation for excellence in many areas, including obstetrics and neonatology, geriatrics, cardiology, psychiatry, oncology and family medicine. The hospital’s Lady Davis Institute for Medical Research is renowned for its pioneering research in AIDS, cancer, aging and genetics.

Internships are offered in three different services in the Jewish General Hospital:

- Psychiatry
- Herzl Family practice Centre (HFPC)
- McGill Memory clinic
Psychologists began providing services at the Jewish General Hospital in the 1950's. A full Psychology Section was constituted during the 1960's. The present Psychology Service consists of 14 psychologists, of whom 5 are full-time. The number of interns varies from year to year, but may include up to 20 interns at any one time. Facilities include conference rooms, library, an audio-visual department and a computer facility.

The Psychology Service is a section within the Department of Psychiatry. Although much of the psychologists' service, teaching, and research functions are carried out in the Department of Psychiatry proper, Psychology participates in services and research of other hospital departments as well.

As professional psychologists, it is felt that an intensive experience with clinical practice is necessary to allow one to function in any of the traditional and emerging roles assumed by the profession. In this sense, we feel the intern must be well-grounded in skills of evaluation and treatment with a variety of patients. Our theoretical orientations range from psychoanalytic to behavioural to more eclectic approaches. Regardless of the approach, we emphasize competence in assessing problem situations, in exercising sound judgment, and in effecting thoughtful solutions. Our goal is to develop flexible and adaptive clinicians. The career of Clinical Psychologist is an ongoing learning experience, for both the experienced professional and psychologist-in-training.
ADULT SERVICES

A1 - In-Patient Psychiatry Service

Supervisor:
Maxine Sigman, Ph.D.
514-340-8222 ext. 25880
maxine.sigman@McGill.ca

Description

The in-patient service consists of an open 32 bed ward, a closed 8 bed High Care Area (HCA), and an 8 bed Transitional Unit (UTT). Many patients are admitted to the HCA directly from emergency. Patients who are aggressive or suicidal will stay in this area until they have improved. Other patients who can benefit from the available single rooms and/or a low stimulation environment are also treated in the HCA.

Patients range in age from 17 to 90 years of age, and cover the entire psychiatric diagnostic spectrum. Patient care is carried out by multidisciplinary teams involving psychiatry, psychology, nursing, occupational therapy, social service, family practitioners. Legal information is provided when necessary.

The intention is to actively treat each patient and help him or her through the acute phase of illness (usually a severely depressed or psychotic state). During the stay, which can vary from a few days to a few weeks (and longer for some treatment-resistant patients), most patients are treated with medication, psychological and social interventions (including group milieu treatment). Whenever possible, the family or support system, if one exists, is also involved in the treatment. Intervention is geared towards early discharge and transfer to an out-patient service.

Psychology interns on this service will gain experience with various management, intervention and therapeutic techniques with several patients and their families. Exposure to a team approach enables the psychology intern to gain sufficient knowledge of other disciplines in order to communicate effectively across professional boundaries.

The emphasis in training is in those areas that provide the basic tools for clinical practice, i.e., case study, psychodynamics, and the various modalities of therapy. Psychological testing, when indicated, may be requested. The intern becomes a member of the treatment team and is responsible for planning and carrying out non-medical treatment for several patients, and planning for their discharge back to the community. The intern charts patients’ progress and prepares discharge summaries. Close supervision (2-3hrs weekly) is provided; teaching is also carried out in daily high
care and twice weekly ward team meetings. In addition 1.5-hour weekly teaching rounds are presented in psychodynamic interviewing and assessment of a severely ill patient. Training is offered as well in out-patient group therapy for those patients suffering chronic mental illness.

Learning opportunities are also offered relating to the effects of psychotropic drugs, indications and contra-indications of electroshock therapy, handling of aggressive patients, assessing dangerousness, etc. Two 1.5 hour service rounds which expose interns to other services within the continuum of psychological care are held monthly. In addition there are monthly psychotherapy rounds.

**Internship available**

Interns should be present on the ward daily if possible, eg. 3 half days plus fuller days. There is flexibility in the schedule. **A 10 month internship, from September to June, is optimal; summer practica (4 days/week) are offered as well from May to August inclusive. The internship involves approximately 23 to 26 hours a week or more depending on the intern’s requirements.**

To apply for this internship, please complete the following form: [Internship Application Form - JGH](http://www.ciusss-centreouestmtl.gouv.qc.ca/en/teaching/internships/)

The deadline for the submission of applications is December 11th at 4:30 PM.
External services

A2 - Cognitive Behaviour Therapy Service (CBT)

Supervisor:
To be determined

Description

The CBT Service, in addition to providing CBT to patients referred from the Department of Psychiatry, also includes the option to work from a CBT perspective in two other clinics in the hospital:

- The Emergency Follow-Up (crisis) Service
- The Chronic Pain Clinic (consultations only)

The Cognitive Behaviour Therapy Service is a service that provides treatment and consultations for patients referred from within the hospital aged 21-99 (or older). It provides an opportunity to follow several patients from the initial assessment to discharge. There are also opportunities to run group therapy programs (e.g. a transdiagnostic anxiety group; self-compassion group; pregnancy/postpartum coping skills group). We see a wide variety of presenting problems (mostly anxiety and depression but also somatization, psychosis, comorbid personality disorders). We do not treat primary eating disorders or those with serious substance misuse/abuse. The length of treatment is usually between 15 to 25 sessions. The CBT team includes psychologists, psychology interns, and psychiatry residents. Group supervision twice weekly (2 hours each) and individual supervision.

The Emergency Follow-up Service (EFU) is designated for short-term treatment of patients who are experiencing acute symptoms of psychiatric illness or a state of crisis disrupting their usual functioning. The goal of treatment is to help the patients manage the current crisis, using a CBT approach. Referrals come mainly from the Emergency Department at the JGH. Patients present with symptoms of adjustment disorders, clinical depression, panic disorder, acute grief reaction, etc. The EFU team includes two psychiatrists, a nurse, a social worker, a psychologist, psychology interns, psychiatry residents and social work or nursing students. Patients are often treated with medication. Participation in team meetings, case presentations and consultation allow interns to become comfortable presenting cases in a multidisciplinary setting. They will also learn about current psychiatric medication practices.
The **Chronic Pain Clinic** – currently available as a consultation service only-

The Chronic Pain Clinic is attached to the Department of Surgery and consists of a multidisciplinary team including an anesthesiologist, a clinical nurse specialist, and a psychologist with occasional consultations from physiotherapy. The patients suffer from chronic pain and are referred from various services in the hospital. The psychology interns will learn how to assess patients for suitability to benefit from pain management, and become familiar with resources available in the greater Montreal community. Pain management treatment using various psychological techniques specific for managing chronic pain (e.g. pacing, relaxation, distraction, emotion regulation, cognitive restructuring) will also be studied (possibility to implement on select patients). They will also have an opportunity to become familiar with medical approaches to pain. The psychology interns will be able to participate in monthly consultations which are used to discuss patients and exchange ideas on the best possible approaches to the treatment of chronic pain.

**Internship available**

These sub-specialties are only available to psychology interns who are doing their primary internship in CBT. The patient populations in all settings are culturally and ethnically varied. This internship is offered at the pre-doctoral or field-placement level only (e.g. no summer practica students; minimum 2.5 days per week commitment). Preference is given to those with more experience and to full-time rather than part-time interns. Prior CBT experience is an advantage but not necessary; therapy experience is essential.

To apply for this internship, please complete the following form:  
**Internship Application Form - JGH**  
or visit our website at:  

The deadline for the submission of applications is December 11\textsuperscript{th} at 4:30 PM.
External services

A3 - Interpersonal –Psychodynamic Psychotherapy Service (IPT-Psychodynamic Service)

Supervisor:
Hélène Dymetryszyn, Ph.D.
514-340-8222, ext. 25193
hdymetryszyn@jgh.mcgill.ca

Description
The IPT-Psychodynamic Service offers 12 to 24 sessions of Interpersonal Psychotherapy or of psychodynamically inspired psychotherapy, such as mentalization based therapy and short-term psychodynamic psychotherapy, to adult patients of the Department of Psychiatry.

Patients treated in the service are of diverse socio-cultural backgrounds, their ages range from adolescence to senescence. Diagnostic categories of mental illness of patient population include: adjustment disorder, personality disorders, depression, anxiety disorders and psychotic disorders.

After one screening/assessment session during which patient suitability is assessed, a clear agreement is made regarding treatment objectives and modalities. As treatment approaches termination, the patient is carefully prepared, and referred as needed, for additional services in or out of the Department of Psychiatry. Ongoing communication takes place with the referring team, current treatment team, and/or with the future treatment team regarding the evolution of the patient’s treatment.

Internship available
Part-time and full-time interns training in the Service receive one hour a week of individual supervision. The individual supervision time per week may be increased as interns gain experience and follow a greater number of patients, or according to need. In addition, interns take part in a weekly seminar promoting theory/practice integration through discussing readings pertaining to cases followed in the service. The internship is from September to June. Only pre-doctoral internships are available.

To apply for this internship, please complete the following form:
Internship Application Form - JGH
or visit our website at:

The deadline for the submission of applications is December 11th at 4:30 PM.
External services

A4 - Health Psychology
LOUISE GRANOFSKY - PSYCHOSOCIAL ONCOLOGY PROGRAM (LG-POP) – SEGAL CANCER CENTER

Supervisors:
Sylvie Aubin, Ph.D.,
514-340-8222 ext. 26865
sylvie.aubin@mcgill.ca

Melissa Henry, Ph.D.,
514-340-8222 ext. 22252
melissa.henry@mcgill.ca

Sylvain Néron, Ph.D.,
514-340-8222 ext. 25879
sylvain.neron@mcgill.ca

Description

The main goal of the internship follows the Louise Granofsky Psychosocial Oncology Program (LG-POP) mission of alleviating patients’ and families’ emotional distress at all stages of the cancer experience. The internship is designed for students with an interest in developing clinical skills in the assessment and treatment of patients with cancer. Students applying for this internship should have basic knowledge in diagnostic and psychotherapeutic techniques, be flexible regarding time availability as well as the ability to provide services within several clinical contexts, tumor sites and interdisciplinary clinics. The internship takes place in the Segal Cancer Centre.

Internship available

The time span of the internship position is one full year consisting of 4 days/week. The internship training modalities will include direct face to face patient contact, individual and group supervision, including on site supervision, observation and coaching (e.g., at patient’s bedside). Other necessary training modalities unique to the hospital setting will include writing of biopsychosocial assessment reports, developing communication skills with the patient’s interdisciplinary care team (e.g., psychodiagnostic and recommendations) and attendance to the weekly oncology tumor board meetings. Only pre-doctoral internships are available.
The components of the training modalities may include diagnoses and interventions specifically tailored to the intern’s needs and interests such as:

1. Biopsychosocial assessment
   a. Chief complaints stated by patient and/or care team member
   b. Medical history and illness trajectory
   c. Somatic/physical complaints such as acute and chronic pain, fatigue
   d. Mental health history: psychological distress, symptoms and treatments (e.g., psychotropic medication, psychotherapy)
   e. Mental status examination (e.g., cognitive function and impairments
   f. Social history and network
   g. Psychosexual and couple history pre/post cancer diagnosis
   h. Coping, adaptation skills
   i. Diagnostic assessment according to the DSM axes
   j. Illness-related ethical and cultural issues to consider

2. Multimodal intervention
   a. Supportive therapy
   b. Cognitive-behavioral
   c. Psychosexual oncology treatment integrating medical, couple and sexual interventions
   d. Psychodynamic-existential
   e. Basic training in clinical hypnosis
   f. Palliative care and end of life issues

3. Supervision and consultation skills specific to oncology

To apply for this internship, please complete the following form: 
Internship Application Form - JGH
or visit our website at:

The deadline for the submission of applications is December 11th at 4:30 PM.
External services

A5 - Couple And Family Therapy Service

Supervisor:
Guylaine Séguin, Ph.D.
514-340-8222 ext. 25197
guylaine.seguin@mcgill.ca

Description

The Couple and Family Therapy Service is a teaching and clinical service. Training is offered to pre-doctoral psychology and MScA (McGill couple and family therapy program) interns as well as to psychiatry residents and fellows. Some of the training is shared by these interns, whereas other aspects are divided along professional lines.

The clinical work consists of couple and family interviews and evaluations, as well as couple and family therapy. Therapy can either be short term (6-10 sessions) or long term (the full internship). Interns are required to carry at least 5 cases throughout the internship.

Internship available

Full internship in this service can be combined with other services such as CBT, Child Psychiatry Day/Evening Hospital or Youth Service. Only full time or part time (at least 3 days) internships are available.

Psychology interns are supervised according to standards of the Ordre des Psychologues du Québec and university requirements on a weekly basis. Supervision includes reviewing videotapes of sessions or live observations through a one-way mirror. Training in supervision is also possible as the psychology interns may be requested to offer additional supervision to first year MScA interns.

This is a pre-doctoral or post-doctoral level internship which requires a minimum of three day/week presence from September to the end of May and can be extended to August. Although hours of presence can be flexible aside from the established activities, working at least one evening a week is essential. Interns have access to the library at the Institute of Community and Family Psychiatry and may rely on the services of our librarian who is knowledgeable in the area of family therapy research. The couple and family section has a rich video library
illustrating the work of our own staff and that of other well-known professionals in the field of couple and family therapy.

Interns will also take part in a monthly journal club lead by the supervisor and the librarian.

To apply for this internship, please complete the following form:

Internship Application Form - JGH

or visit our website at:


The deadline for the submission of applications is December 11th at 4:30 PM.
External services

A6 - Clinical neuropsychology service

Supervisor:
Alessandra Schiavetto, Ph.D.
514-340-8222 ext. 25249
aschiave@icp.jgh.mcgill.ca

Description

Clinical Neuropsychology focuses on how cognition and behaviors are related to brain networks. A very detailed assessment of aptitudes is completed and the pattern of strengths and weaknesses is interpreted to determine the level and nature of cognitive/behavioural and functional abilities. The results from the assessment is then used to formulate, recommend and implement, in collaboration with the treating team, an intervention plan, educate families and to caregivers and contribute to treatment decisions.

The service at JGH is focused on adults and geriatric outpatients. Referrals for this service are from all Psychiatric clinics (Ambulatory Care Clinics, Continuing Care Clinic, Cultural Consultation, Emergency Follow-up, Day Hospital, Rehabilitation Services, First Episode psychosis and Psychogeriatrics). If time permits, in-patients and patients from other departments can be assessed as well.

Interns will be exposed to a variety of neuropsychopathologies and psychiatric disorders. They will be introduced to neuropsychological evaluations of a range of neurological problems such as degenerative disease, trauma, psychiatric disorders, stroke and systemic disease as well as bipolar affective disorder, schizophrenia and depression, to name a few. They will attend weekly psychogeriatric team meetings and receive a minimum of two hours/week of individual supervision. Neuropsychological assessment will include objective examination of memory, attention, perception, praxis, language, reasoning, judgment, executive function and emotional status for differential diagnosis, treatment planning and education for family members or caregivers.

Interns will learn interview techniques, test selection and interpretation. They will also learn how to conduct a medical/psychiatric chart review, and how to work within the context of a multidisciplinary team. They will also become familiar with psychopharmacological treatments and their effects on cognition. Interns will prepare written reports based on these assessments and will provide feedback to the patients, families and treatment teams. They will present their findings to the multidisciplinary teams as well.
Internship available

This pre-doctoral internship is intended for students who have completed a practicum in Neuropsychology. The internship is full-time. The modalities regarding start and end dates are flexible. Summer practicum will be considered based on availability and if the student is already well-versed in Neuropsychological assessment.

To apply for this internship, please complete the following form:

Internship Application Form - JGH
or visit our website at:

The deadline for the submission of applications is December 11th at 4:30 PM.
A7 - Youth services

Supervisor: Caminee Blake, Ph.D.
514-340-8222 ext. 25208
caminee.blake@mcgill.ca

Description

The Youth service, within the Department of Psychiatry, is an out-patient unit for adolescents between the ages of 15.5-21 years of age. The mental health issues presented vary, but range from moderate to severe in scope. Interns will gain experience working with patients of diverse backgrounds with anxiety disorders, mood disorders, depression, parent-child conflict adjustment disorders, substance abuse, the emergence of personality disorders, impulse control disorders, as well as emergency cases. Students will also learn about medications, their effects, indications and contraindications etc. There is an opportunity to work with a diverse multidisciplinary team that includes professionals from psychology, psychiatry and social work. The team members have considerable and extensive training and experience in multiple modalities. Many of the team members are trained in psychoanalytic and psychodynamic therapy, and in couple and family therapy interventions. The intern will have the chance to work with different team members expanding one’s exposure to different interviewing styles, modalities and orientations.

In working in this service, the intern will have the opportunity to train in either or both cognitive-behavioural therapy and/or psychodynamic therapy using an integrative approach as it applies to patient needs (depending on student interest, comfort and experience level).

Internship available

This is a full year, pre-doctoral internship. The internship is full time (4 days per week). There is a possibility of working 3 days a week. Any other arrangements would need to be discussed and negotiated with Dr Blake on an individual basis.

Interns will learn both individual and family assessment skills through our weekly team screenings of adolescents and their families (2-4pm every Tuesday). Supervision is provided individually, in small groups, as well as through one-way mirror observations.
The caseload consists of approximately 8 to 10 individual cases for a full-time student. Family therapy cases can also be picked up depending on student interest and experience level.

Training opportunities are available in diagnostic assessment (DSM format) and case formulation, Interview skills, report writing (specific to pre-evaluation screening interviews), individual therapy (psychodynamic techniques, CBT), family therapy, extensive supervision, consultation with outside liaisons including schools, mental health centres, Department of Youth Protection. There is a possibility of co-conducting group therapy (transdiagnostic anxiety group in collaboration with the CBT service).

To apply for this internship, please complete the following form:

- [Internship Application Form - JGH](http://www.ciusss-centreouestmtl.gouv.qc.ca/en/teaching/internships/)

The deadline for the submission of applications is December 11th at 4:30 PM.
A8 - Childhood Disorders Day Hospital

Supervisors:
Karen Hardoon, Ph.D.
514-340-8222 ext. 23181
karenhardoon@gmail.com

Other psychologist to be determined

Description

The Childhood Disorders Day Hospital located in the Centre for Child Development and Mental Health provides intensive treatment for children with severe emotional and behavioral difficulties that interfere with their adjustment in school, at home, and with peers. These children present with a range of diagnoses, including conduct disorder, oppositional-defiant disorder, ADHD, Autism Spectrum disorders, mood disorders, and parent-child relationship problems. The children and their families are offered a comprehensive treatment program incorporating psychological assessment, individual and family therapy, social skills training, educational services, art therapy, and occupational therapy. Psychology interns in the Day Hospital will benefit from being members of multidisciplinary teams that include psychologists, psychiatrists, psychiatric nurses and child care counselors, a social worker, occupational therapists, and special education teachers.

The Childhood Disorders Day Hospital offers a multimodal treatment program, for up to one academic year, for children aged 8 to 12 (grade 3-6). Three or four days per week, the children attend full-day special education classes, with an enrollment of 7 students per class. They return to their ‘regular’ school 1-2 days per week. The children receive individual play therapy and group therapy tailored to their individual needs. Every part of the child’s day is therapeutic, including, recess, lunch, and ‘classroom’ time. As noted, we are not a school. All families participate in weekly family therapy. The goal for these children is to return to their neighborhood schools following treatment.

Internships available

Students will be accepted for practicum, field placement, and pre-doctoral internships during the academic year (end of August through June). Both full-time and part-time placements are available. The minimum time
requirement for a part-time placement is 2 ½ days per week. Limited summer practicum placements are offered (May through August). Ongoing supervision is provided by staff psychologists. This is often supplemented by supervision from other professionals with special expertise in specific forms of therapy.

Role of the interns

These internships/placements engage the student in active multidisciplinary teams. In addition to their primary psychology supervisor, they will work together with experienced psychiatrists, social workers, psychoeducators, nurses, teachers and occupational therapists. They will also work with students from other disciplines such as drama therapy, art therapy and speech therapy. This will enrich the experience and expand the awareness of the psychology intern. These teams work together to deepen the understanding of the patients and their families.

The internships provide a wide range of opportunities to master both assessment and treatment techniques, work in a multidisciplinary team setting, consult with families and schools in addition to opportunities to attend rounds and workshops:

1. Diagnostic testing for cognitive development, academic achievement, issues of attention and emotional functioning
2. Report writing – of tests, interviews and therapeutic sessions
3. Feedback of findings to team members, parents and schools
4. Classroom observations
5. Family therapy – individual families and multiple family groups
6. Individual child therapy
7. Cognitive behavior therapy
8. Involvement in group therapies – groups of families and groups for children
9. Long term contact with patients (over the course of many months) provides the opportunity to see progress and deepen one’s understanding of the existing dynamics
10. Child Psychiatry rounds and other academic experiences. Participation in the preparation and presentation at rounds is often part of the student’s role.
11. Consultation with schools, social services & other community resources. School and home visits are conducted in many cases.

To apply for this internship, please complete the following form:

**Internship Application Form - JGH**

or visit our website at:


The deadline for the submission of applications is December 11th at 4:30 PM.
A9 - Child Psychiatry Outpatient Department (OPD)

Supervisors:
Linda Greenberg, M.A.,
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lgreenberg@icfp.jgh.mcgill.ca

Stephanie Margolese, Ph.D.
514-340-8222 ext. 25973
smargolese@icfp.jgh.mcgill.ca

Description

The children and adolescents (ages 3-15) who present to Child Psychiatry Outpatient Department (OPD) exhibit a broad range of psychiatric problems (e.g., neurodevelopmental difficulty, attention deficit and hyperactivity disorder, learning disabilities, oppositional defiant disorder, obsessive-compulsive disorder, anxiety, depression, suicide risk, autism spectrum disorder, etc.). The service is open to both anglophone and francophone families from diverse cultural, linguistic and religious backgrounds. The role of the psychologist is to conduct comprehensive psychodiagnostic assessments of children and their families, to assess children and adolescents through psychological testing, and to offer treatment, including individual, family and group therapy.

The two staff psychologists form part of a multidisciplinary team with psychiatrists, psychiatry residents, a social worker, social work students, two or more psychology interns, two child care workers and other allied mental health professionals.

The interns will gain experience in psychodiagnostic assessment of pre-school and school-aged children and young adolescents using family and individual interview techniques. They will also learn to integrate the information derived from the assessment into a comprehensive diagnostic report and to present their cases at regular team meetings. Initially, full-year psychology interns observe and participate with their supervisors in the family screenings, and by the latter part of the training year, interns are generally expected to conduct these evaluations independently.

Interns will also gain experience in psychological testing using a large battery of tests measuring cognitive abilities, academic achievement, adaptive functioning, attention skills, visual-motor integration skills, and socio-emotional functioning (e.g. personality). Interns will learn to score, interpret and integrate the test results into reports. They will also learn to provide feedback and to make
recommendations to both professionals and parents. Interns also have the opportunity to observe assessments of children on the Autism Spectrum, using the Autism Diagnostic Interview – Revised (ADI-R) and the Autism Diagnostic Observation Schedule (ADOS-2). Interns will be sensitized to ethical issues in child psychiatry. They may have the opportunity to learn about issues relevant to youth protection, and may be required to provide consultation to youth protection services.

In addition to extensive experience in psychodiagnostic and psychological assessments, interns will gain experience in treatment of children and families. There are opportunities to learn individual, family and group therapy. Team members have interest and experience in cognitive-behavioral therapy, individual therapy and group therapy. Interns with a particular interest in a specific type of therapy may be able to pursue their interest with supervision and support from the psychologists.

By attending Child Psychiatry rounds, interns in Child Psychiatry OPD will be exposed on a regular basis to case presentations of children being followed not only in the OPD but also in the Day Treatment Centre (DTC) and the Early Childhood Disorders (ECD) programs.

Ongoing supervision is offered by the staff psychologists weekly in a group format (min. 2 hours per week) as well as individually. Interns are always invited to consult with the psychologists on their cases.

**Internship available**

With respect to the number of required hours, the Child OPD service is flexible in accommodating to university program requirements of interns (including pre-doctoral and field placement students) but interns must minimally commit to three full days a week. We also accept Summer Practicum students who have the opportunity to develop their psychological testing and report writing skills as well as their skills in providing feedback and making recommendations to both professionals and parents.

To apply for this internship, please complete the following form:

[Internship Application Form - JGH](http://www.ciusss-centreouestmtl.gouv.qc.ca/en/teaching/internships/)

The deadline for the submission of applications is December 11th at 4:30 PM.
A10 - Neonatal Follow-Up Clinic

Supervisor:
Manouchak Koulnazarian, PhD
514-340-8222 ext. 23790
mkoulnazarian@jgh.mcgill.ca

Description

The Neonatal Follow-Up Clinic (NFC) is a hospital-based program which follows the growth and development of certain high-risk infants from premature birth until the age of 7 ½ years.

Internship available

This program can accommodate a summer practicum intern (2-3 days per week) for four months or one part-time practicum intern (2-3 days per week) for the full year. The primary training in this internship will involve developmental, cognitive, and educational testing. Family interview techniques and developmental interviewing will also be taught as well as the writing of educationally oriented reports. There is, however, no opportunity for therapeutic intervention. Applicants to this program must be able to communicate with ease in both English and French.

To apply for this internship, please complete the following form:
Internship Application Form - JGH
or visit our website at:

The deadline for the submission of applications is December 11th at 4:30 PM.
Since 2002, the Herzl family practice Centre has been a recognized GMF (Groupe de médecine familiale, a.k.a. Family Medicine Group). It is located in Pavilion H of the JGH with a multidisciplinary staff consisting of primary-care physicians and residents, nurses, psychologists, dieticians and social workers. The areas of practice at the Herzl Family Practice Centre include the diagnosis and treatment of common issues in medicine, pediatrics, obstetrics, gynecology and psychology.

Applying principles of screening and disease prevention together with the promotion of health through patient education and empowerment, the Centre treats all family members for almost all of their medical needs and coordinates overall care by working closely with specialists in the different branches of medicine.

The Teenage Health Unit was established in 1985 to provide comprehensive primary care to youth aged (13-19 years old) and to provide cutting-edge training in adolescent medicine and psychotherapy to family medicine residents and psychology interns.

B1 - TEENAGE HEALTH UNIT

Supervisor:  
Perry Adler, Ph.D.  
514-340-8222 ext. 24738 (hospital)  
514-738-3732 ext. 22 (private office)  
perry.adler@mcgill.ca and padler@her.jgh.mcgill

Description

The training site for the Teenage health unit is the Jewish General Hospital's Herzl Family Practice Centre (HFPC). The HFPC houses a large practice of family physicians that teach residents on site as part of their training in McGill's department of family medicine. Dr. Adler is the Associate Director of the HFPC's Teenage Health Unit. He teaches behavioural medicine and behavioural sciences to the residents and supervises their practices. Dr. Adler also has a private practice and runs a clinic wherein a dozen psychologists have their practices.
Students training under Dr. Adler’s supervision treat adolescents with a wide variety of issues. While mood and anxiety disorders are most commonly encountered, others addressed include: anger management, school avoidance, family conflict, trichotillomania, posttraumatic stress, eating disorders, and budding and full-blown personality disorders. There is also the possibility for interns/students to be supervised as they treat cases with a focus on psychosomatic medical issues. Baseline, progress, and outcome measures are obtained for each patient – with interns being trained in the administration and interpretation of the scales used. Students also accompany Dr. Adler while he provides supervision to medical residents, and the psychology students soon provide supervisory/consultative advice regarding psychosocial issues to these residents. Students may also have the opportunity to provide group therapy to teen patients. Recent examples of group therapies created and run by interns include those addressing non-suicidal self-injurious behaviour; poor body-image and introduction to CBT Techniques. Dr. Adler is open to beginning new programs that a student is interested in spearheading. Students will also devote one hour per week to provide follow-up services to teenage patients suffering psycho-social problems who are on the waitlist to receive psychotherapy and whose physicians do not have availability in their schedule to see the teens themselves. The goals of these follow-up meetings may include assessment of the patient’s current suicide risk or their reactions to newly prescribed antidepressants or trying to convince the patient to engage in psychotherapy. This is an example of the significant multi-disciplinary collaboration occurring at our Centre.

While past clinical experience with adolescents is not required, some clinical experience is essential. Although Dr. Adler is bilingual, the language of instruction will be mainly in English. Students who are bilingual are at an advantage but unilingual students are also encouraged to apply. Although the specific therapeutic approach will vary depending on the particular case, Dr. Adler is highly experienced in cognitive-behaviour therapy.

For all trainees the supervision consists of weekly 120 minute meetings with Dr. Adler in a group format, during which all students are asked to participate in case discussions. In addition, there is the opportunity for closed circuit television observation and DVD recording of sessions. As one of the best predictors of the future is the past, Dr. Adler encourages students to speak with those who have trained with him. For those students whose internship is not paid through the government’s support for internships or through their department, a $1200 stipend is offered to those that complete the full year's commitment.
Internship available

Dr. Perry Adler, a graduate of both McGill's (BSc, PhD) and Concordia's (MA) clinical psychology programs, is offering positions to senior-level graduate students and graduated psychologists who wish to be supervised by him while they offer therapy services to adolescent patients - aged 13-19. The training can be part of the student's yearlong fulltime or halftime internship or towards credit for the Practicum 3 (PSYC 732) at McGill, or in an ad hoc training course offered by their clinical graduate program or simply to gain additional clinical experience.

Students wishing to follow cases as part of the Practicum 3 (PSYC 732), or as part of an ad hoc training program or for their own additional clinical experience will be asked to carry a minimum of 3 cases for a yearlong commitment, beginning their training in Sept/18 and ending in Aug/19. In the past, McGill and Concordia students had their training with Dr. Adler officially recognized on their transcripts.

Students wishing to make their training part of a formal internship should note that various arrangements could be made to ensure that all of their training requirements are met. For example, a fulltime internship can be split so that 1 ½, 2, or 3 days per week are devoted to Dr. Adler's HFPC internship site and the remaining time devoted to another site. Flexibility can be found in arrangements for halftime internships as well.

If you are interested in learning more about this opportunity please contact Dr. Adler.

To apply for this internship, please complete the following form and send an email to Dr. Adler letting him know of your application:

Internship Application Form - JGH
You will also find the form on our website at: http://www.ciusss-centreouestmtl.gouv.qc.ca/en/teaching/internships/

The deadline for the submission of applications is December 11th at 4:30 PM.
The **Jewish General Hospital/McGill Memory Clinic** is a specialized diagnostic service for the evaluation and differential diagnosis of minor and major neurocognitive disorders and other neurological diseases (Alzheimer’s, Lewy Body Disease, Parkinson’s, vascular dementia, etc.) and their subsequent treatment.

A group of health professionals works in tandem with adults and older adults and their families referred from physicians, CLSC, residential care settings, inter-hospital consults, outpatients’ services for the departments of Geriatrics, Neurology, Oncology, Family Medicine, Cardiology, and in-patients.

**C1 - INTERNSHIP IN CLINICAL NEUROPSYCHOLOGY**

**Supervisors:**
Nora Kelner, Ph.D.
514-340-8222 ext. 24348
nora.kelner@mcgill.ca

Lennie Babins, Ph.D.
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drbabins@bell.net

**Description**

Neuropsychology is a specialty of psychology that studies the relationship between brain-function and how a person thinks, feels, and acts. Clinical neuropsychology looks at these brain-behaviour relationships and the impact of brain disease and/or affects on the cognitive, sensory-motor, emotional, and adaptive abilities of the individual in everyday life. Usually, the practice of this discipline takes place in clinical settings aimed at diagnosis and treatment within a multidisciplinary team.

A neuropsychological evaluation is a process that relies on specific tests but entails more than testing as such. A comprehensive assessment provides a systematic examination of a person’s medical and familial history, academic and psychosocial backgrounds, mood, and cognitive profile. This clinical neuropsychology program is designed to train interns on all aspects of neuropsychological evaluations consisting of:

- **Review of Medical Charts:** focusing on previous medical consultations such as neurology, psychiatry, and radiology reports and update medications and other ongoing treatments.
- **Bio-Psycho-Social Interview**: conducted also with family members. Students are taught to provide immediate feed-back through clinical suggestions as warranted.
- **Test Selection and Administration**: includes an objective investigation of attention/concentration, memory and learning, expressive and receptive language, praxis, visuo-constructional and visuo-spatial abilities, perceptual and motor skills, and executive function assessing mental flexibility, sequencing, judgment, abstract reasoning, problems solving, planning, and organization. Additional testing for evaluation of language disorders, ADHD and personality screening among others, are included as needed.
- **Test Scoring and Interpretation and Report Writing**: Train students to learn new tests, analyze scores, identify strength and weaknesses, and achieve a diagnosis. Emphasis on the various aspects of a report are focused on communication and integration of results on a psychological diagnosis and ensuing recommendations, including referrals to specialized community services.
- **Supervision and Case Presentation**: Students meet with supervisors on a case by case basis and present their findings at the weekly multidisciplinary team meetings. Access to hospital grand rounds and research lectures at the Lady Davis Medical Research Institute are available.

### Internship available

This placement is for pre-doctoral students; it also provides a unique opportunity to obtain additional training for student who would like to obtain specific practice in the field as a post-internship. The internship can be completed on a two to four days a week schedule, depending on student’s needs and supervisor’s availability.

Interested student please, contact us by e-mail or by calling directly for any questions.

To apply for this internship, please complete the following form: [Internship Application Form - JGH](http://www.ciusss-centreouestmtl.gouv.qc.ca/en/teaching/internships/)

The deadline for the submission of applications is December 11th at 4:30 PM.
SECTION II

D - CONSTANCE-LETHBRIDGE REHABILITATION CENTRE

Constance-Lethbridge Rehabilitation Centre offers specialized and ultra-specialized rehabilitation services to adults with motor, speech or language disabilities. Services focus on social integration, with an ecosystem-based (bio-psycho-social) approach.

D1 - INTERNSHIP IN CLINICAL NEUROPSYCHOLOGY

Supervisors:
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Tiffany Bukacheski (M.A.)
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Sean Scanlan (M.A.)
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Description

Interventions are centered on the needs of the client. Teamwork is highly valued and an interdisciplinary approach is advocated in all rehabilitation programs. The student will have to collaborate closely with the rehabilitation team and the client in order to establish and prioritize relevant rehabilitation goals for the client in accordance with the intervention plan, and apply the appropriate means to reach them. The student will have to develop good knowledge of the ecosystem-based approach and demonstrate a strong interest in teamwork.

The Traumatic Brain Injury (TBI) Program offers services to clients who have suffered a TBI (mild-to-severe), and who require out-patient rehabilitation services, that is, after discharge from the hospital and/or in-patient rehabilitation facility, where applicable. In this context, the neuropsychologist evaluates
cognitive functions, performs cognitive remediation activities and teaches compensatory cognitive strategy, in order to facilitate the client’s reactivation and provide psychological support allowing him to adapt to the challenges and changes that occur in the process. The student will be required to carry out all of these activities, to discuss them coherently in a written report, and to keep track of the client’s progress or lack thereof with proper record keeping. Weekly interdisciplinary meetings and discussions, as well as collaborative interventions with the client will allow the student to develop his/her skills in communicating neuropsychological results, outcomes and recommendations.

In other CRCL programs (Chronic Pain Self-Management Program, Rheumatology Program and Neuro-musculoskeletal Program), psychology services are offered either on an individual or group basis in an interdisciplinary approach. Thus, the student would have the opportunity to become involved in individual psychotherapy as well as participate in psychoeducational intervention group. A cognitive-behavioural approach is emphasized. The twofold goal of the programs are behavioural activation and helping clients self-manage and adapt physically, socially, and psychologically to their condition in order to achieve a better quality of life. Aside from getting involved in psychotherapeutic and psychoeducational activities with the clients themselves, the programs also offer opportunities for teamwork by collaborating with other professionals in order to help clients achieve their interdisciplinary goals.

**Internship available**

**Internship of 6 months in neuropsychology/psychology, with a major in neuropsychology**, with different possibilities of dividing time (3days/2days or 4days/1day), depending on the student’s interest and the University’s requirements. The student must have completed at least one internship in neuropsychology with an adult population (practicum) and have an interest in the cognitive-behavioral approach. Bilingualism is required.

To apply for this internship, please complete the following form: [Internship Application Form – CRCL-CLSC](http://www.ciusss-centreouestmtl.gouv.qc.ca/en/teaching/internships/)

The deadline for the submission of applications is December 11th at 4:30 PM.
SECTION III

INTERNSHIPS IN CLSC – MENTAL HEALTH FIRST LINE

PRESENTATION OF CLSC

The mission of the CLSC (Centre local de services communautaires)

The mission of the CLSC is to improve the health and well-being of the residents within its territory. Enriched by the strength and diversity of the population and staff, the institution’s raison d’être is to meet the populational responsibility legislatively conferred upon it. The institution’s principal mandates can be summed up as follows:

Know and manage its population’s health and well-being;
- Coordinate and manage the use of services available to its population;
- Provide optimal management of the spectrum of services;
- Define a clinical and organizational project for its territory;
- Support its primary mission by incorporating a university teaching and research mission;
- Inform and consult the population to engage it and measure its degree of satisfaction.

The CIUSSS West-Central Montreal holds specific regional mandates as well. It is responsible for delivering health and social services to asylum seekers (PRAIDA), provides front-line midwifery services through the CLSC Côte-des-Neiges Birth Centre, and occupational workplace health services in other CLSC territories of Montréal. The CIUSSS also manages the Info-Santé health hotline services for the entire Island of Montréal.

To accomplish its mission, the CLSC of the CIUSSS West-Central Montreal works jointly with local partners, thoroughly acquainted with the community, making it possible to ensure service continuity and support users and their loved ones in navigating the health and social services system.
E - CLSC - YOUTH MENTAL HEALTH – 1ST LINE

E1 - CLSC DE BENNY FARM, DE CÔTE-DES-NEIGES, DE PARC-EXTENSION AND MÉTRO

Supervisors:

CLSC de Benny Farm
Magali Purcell Lalonde, PhD (maternity)

CLSC de Côte-des-Neiges
Danka Ducic, MA
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Mariko Morin, PhD
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Violaine Dasseville, DESS, MA (maternity)

CLSC de Parc-Extension
Mariko Morin, PhD (CLSC de Côte-des-Neiges)
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CLSC Métro
Myriam Marrache, MSc
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Description

The Youth Mental Health internship takes place in CLSCs based in four distinct inner-city neighborhoods in the Greater Montreal area: Parc-Extension, Côte-des-Neiges, Métro (downtown) and Benny Farm (Notre-Dame-de-Grace). The CLSCs serve as the gateway to medical and mental health in the public sector, providing services to people of all ages. The population base is composed of largely urban and multietnic minority groups with various immigration statuses and degrees of financial security.
The Youth Mental Health Service aims to welcome clients (children, adolescents, parents and families), assess and contextualized the problem, and to propose and implement psychological, medical and social interventions.

The service receives requests for issues such as acute/chronic anxiety, mood disorder, suicidal ideation or behaviors, complex and difficult family relationships, post-traumatic stress disorder, adjustment disorder, attachment disorder, selective mutism, obsessive-compulsive disorder, questions of gender identity and sexuality, phobias, eating disorder and personality disorder traits.

**Internships available**

**Offer of practicum (field placement) and internship in child and adolescent clinical psychology:**

The multidisciplinary team of the Youth Mental Health Service is composed of psychologists, social workers, nurse, art-therapists/drama therapist, psychoeducators, and child psychiatrists. The team provides assessment and treatment services to youth and family or young people under the age of 18 who present a variety of mental health issues in an urban multicultural context. The team also participates to weekly consultations in cross-cultural child psychiatry and consultations with other teams.

Our team currently offers clinical placements in child and adolescent psychology (3,5 to 5 days/week). Internships are available at the field placement and pre-doctoral levels. Each cohort of three interns starts at the beginning of September and ends in June.

For the moment, the internships take place in two of the three CLSC (for example: Côte-des-Neiges and Métro; Côte-des-Neiges and Parc-Extension; Métro and Parc-Extension). It is also possible to do an internship at one CLSC. This will be dependent on supervising staff and reviewed year-to-year.

**Internship training objectives and model**

The Youth Mental Health internship has a primary general objective to prepare culturally sensitive child and adolescent psychologists who can apply their professional skills in a community setting using an integrative client-focused model. The main theoretical orientations are cognitive-behavioral, psychodynamic and family systems.
Objectives of the training program are:
1. To provide Interns with supervised experiences in psychological interview assessment, follow-up and consultation;
2. To become familiar with notions of child and adolescent mental health (within a 1st line context);
3. To provide interns with the opportunity to practice diverse modalities such as individual and family therapy;
4. To gain knowledge regarding psychological theories and frameworks and apply that knowledge to inform clinical work and vice versa;
5. To work within a shared-care model: better serve the clinical needs of a diverse population within a community mental health system by liaising with hospitals, youth protection services, schools, daycares, community centers, other teams, etc.;
6. To work within a multi-disciplinary context and learn from other professions in the context of a shared-care model;
7. To practice psychology from a culturally and ethnically sensitive framework;
8. To appropriately adapt our interventions in working with cultural, social, economic and political minority clients;
9. To increase interns' sensitivity to aspects of behavior associated with transcultural experiences involved in mental health, mental illness and recovery;
10. To heighten interns' awareness and integration of their own cultural and ethnic identities and how these impact interactions with clients;
11. To provide sufficient structure to ensure that interns achieve the highest levels of proficiency in those skills traditionally associated with the profession of psychology and enough flexibility to ensure that they have the opportunity to mature professionally;
12. To develop a thorough understanding of ethical practice in the context of professional psychology and the implementation in practice.

Our model assumes a developmental perspective in professional development. We recognize that interns come from a variety of educational and cultural backgrounds as well as diverse life experiences. During the months of May and June prior to the internship, each student meets with the supervisors to discuss and determine specific training needs and preferences for the training year. During the internship, interns may at first be paired with supervisors or with each other to follow cases, and as they gain knowledge, experience and confidence in their abilities, take on cases of their own. As such, interns are expected to support each other in their learning process.
Curriculum and training activities

We have identified supervisory experience as the main mode of learning. In addition, several other training activities exist.

1. Individual psychological evaluations
2. Family (systemic) psychological evaluations
3. Individual therapy
4. Family therapy
5. Parent consultation
6. Clinical work with interpreters
7. Weekly family evaluations with a child psychiatrist
8. Weekly professional consultations with a child psychiatrist
9. Individual supervision
10. Group supervision
11. Multidisciplinary team meetings
12. Psychotherapy seminar
13. Transcultural seminar (shared-care model – clinical case discussion with school, youth protection, and mental health professionals)

Requirements

1. Interest and experience in working with children and families
2. Interest and sensitivity in working with different cultures
3. Capacity to work and willing to do therapy in both English and French. Additional languages an asset.

To apply for this internship, please complete the following form:

Internship Application Form – CRCL-CLSC

or visit our website at:


The deadline for the submission of applications is December 11th at 4:30 PM.
Supervisors:
Kimberley Hacking, M.Ed.
514-484-7878 ext. 3516
kimberley.hacking.cvd@ssss.gouv.qc.ca

Anne Bergeron, MA
514-484-7878 ext. 3133
anne.bergeron.cvd@ssss.gouv.qc.ca

Description

At CLSC de Benny Farm, the psychologist is an integral member of the interdisciplinary team composed of different professionals, including occupational therapists, social workers, nurses, health and social services assistants, family doctors and a consulting psychiatrist. The psychologist offers psychotherapy services to a multi-ethnic, adult clientele presenting with various related problems, such as mood disorders, depression, anxiety disorders, post-traumatic stress disorder, complex traumas and personality disorders. It should be noted that a significant portion of the clientele is made up of immigrants facing adjustment difficulties, or who have been victims of trauma in their countries of origin (e.g. war, genocide, violence against women).

Services include assessment, referral, treatment and consultation. Given the clientele, proficiency in both French and English is essential.

Approach and Interests

The supervisor-psychologist works within a psychodynamic framework (understanding of the inner world of the client, perceptions of oneself and others (object relations), emotional triggers, personality structures with related recurring stakes, work on ego strengths and adaptation to the realities of adult life, etc.), with cognitive-behavioral therapy tools, psychoeducation (self-regulation, communication, etc.), and using a systemic approach.

The intern will thus have the opportunity to broaden his/her knowledge of the psychodynamic approach to object relations, in particular with regard to personality disorders, transference/countertransference management, mentalization, as well as the treatment of chronic and complex trauma. The intern will learn to focus on the improvement of a client's condition (reducing
CLSC – Adult Mental Health - 1st Line

symptoms and developing psychological abilities and personal resources) and will learn to work in a multidisciplinary setting.

Internship available

The capacity within this service is 1 intern in psychology per year.

Main activities of the intern

- Psychological assessments of the presenting problem in order to identify the needs of the client and to develop the appropriate intervention plan
- Writing psychological reports, intervention plans, progress notes, etc.
- Participation in interdisciplinary team meetings and case discussions
- Psychological follow-up of clients
- Work with other professionals
- Reading and review of articles and books related to the presenting issues
- Individual supervision in accordance with the requirements of the university.

Requirements

- Bilingualism (English and French)
- At least one completed internship
- Available a minimum of 3 days/week

To apply for this internship, please complete the following form:

*Internship Application Form – CRCL-CLSC*

or visit our website at:


The deadline for the submission of applications is December 11th at 4:30 PM.
Description:

At the CLSC Côte-des-Neiges, the Mental Health team is composed of several psychologists, social workers, nurses, an occupational therapist and a dependency consultant. We also benefit from clinical consultation meetings with a psychiatrist from the St. Mary's Hospital Center two hours a week. The team works in a multidisciplinary model and serves a largely multi-ethnic adult clientele.

We offer assessment, psychological follow-up services on individual basis and, in some circumstances, in group, although this service is currently being redefined. We also act in support of or in consultation with other teams, both internally and externally (St. Mary's Hospital Centre, Department of Psychiatry or community resources).

Given the clientele, interventions require proficiency with at least one of the two languages, French and English. Clinical support is available as needed for consultation by a transcultural psychiatrist. Given the existing wait list, we focus on a short-term approach, i.e., approximately 15 sessions. However, the duration may be extended in certain cases for clinical reasons.

The most common problems the clientele encounter are personality disorders, anxiety and mood disorders. We also offer services related to post-traumatic stress disorder, chronic health problems with or without chronic pain, and addiction-related problems. We intervene when necessary in crisis situations including suicidal ideation of varying intensity.

Approach and interests

Dr. Lalonde has established a significant interest in the existential-humanist approach. Anything that promotes the establishment of a good therapeutic link is of particular interest, in addition to supporting contact with the client as well as his / her relationship to himself or herself. Dr. Lalonde has post-graduate training
in post-traumatic stress disorder (Traumatys) and several years of clinical experience at this level, as well as a two-year training in personality disorder (Victoria Institute). She has had a fair amount of experience working in crisis and / or suicidal situations with women who have been the victim of violence, with people who have experienced abuse, as well as those who have experienced trauma. She also likes to support men in their request for help. Over the years, she significantly explore other approaches, such as cognitive-behavioral therapy or the Masterson approach to personality disorders.

Internship available

Duration of internship

The length of the internship depends on the academic requirements. The framework (duration, hours of attendance) is usually defined by the educational institution (i.e. university program).

Modality of supervision

It is also offered in consideration of the requirements of your department. Several modalities are offered (mirror, audio, clinical discussion following the interview).

Main activities of the intern

- Assessment and psychological follow-up of the clients
- Familiarization with the use of questionnaires to identify various disorders
- Presentations of clinique case situations
- Participation in multidisciplinary teams and care discussions
- Participation in conferences on various topics of clinical interest (Jewish General Hospital and St. Mary’s Hospital Center) or related to researches conducted by the research teams of our CIUSSS
- Writing psychological reports, progress notes and intervention plans
- One-to-one clinical supervision

To apply for this internship, please complete the following form:

Internship Application Form – CRCL-CLSC
or visit our website at: http://www.ciusss-centreouestmtl.gouv.qc.ca/en/teaching/internships/

The deadline for the submission of applications is December 11th at 4:30 PM.
Description

The Adult Mental Health service of CLSC Côte-des-Neiges is an interdisciplinary team of professionals (occupational therapist, nurses, psychiatrist consultant, psychologists and social workers). We follow a clientele that presents various related problems such as mood disorders including depression, anxiety disorders, post-traumatic stress disorder, somatization and personality disorders.

Services include assessment, referral, treatment and consultation. Given the clientele, proficiency in both French and English is essential; some therapeutic follow-up can be done in the presence of an interpreter or in conjunction with a transcultural clinic.

The territory includes students from university and neighboring colleges who receive services from the CLSC. The population of the territory is varied in both socio-economic and cultural terms. Several community organizations are also present and some are active in helping our clients.

Approach and interests

The psychologist/supervisor works within an eclectic approach (understanding of the inner world of the client, perceptions of oneself and others (object relations), emotional triggers, personality structures with related recurring themes, work on ego strengths and adaptation to the realities of adult life, etc.), with cognitive-behavioral therapy tools, psychoeducation (self-regulation, communication, etc.), and a systemic approach. Through the mandate of the CLSC, emphasis will be placed on behavioral reactivation, gradual exposure to avoidance situations, risk-taking to explore interpersonal relationships, development of the client's social network, etc.
Internship available

The capacity within this service is 1 intern in psychology, during a given academic year.

Duration of internship

The length of the internship depends on the academic requirements. The academic year usually starting in September and continuing until the spring of the following year. A stage/internship may, however, take place over a shorter or longer period depending on needs, availability and academic requirements. The number of days of attendance depends on the type and requirements of internships and the availability of the supervisor (varying between 1-3 days/week).

Main activities of the intern

- Participation in clinical supervision (2 hours per week)
- Psychological assessments with interviews
- Writing of psychosocial reports, intervention plans, progress notes, etc.
- Participation in interdisciplinary team meetings and case discussions
- Psychological follow-up of users
- Participation in clinical and scientific activities (depending on availability) such as clinical focus group, clinical and scientific conferences, cross-cultural seminars
- Working in a multi-disciplinary context: reference and collaboration with occupational therapist, social workers, addictions worker, nurses, physicians, psychiatrists, etc. as well as with the organizations that are involved with the client

To apply for this internship, please complete the following form:

Internship Application Form – CRCL-CLSC

or visit our website at:


The deadline for the submission of applications is December 11th at 4:30 PM.
Supervisor:
Glenda Schoel, M. Sc.
Psychologist, Masters Level with 32 years of experience.
514-731-8531 ext. 2673
gschoel@ssss.gouv.qc.ca

Description

At CLSC Côte-des-Neiges, an interdisciplinary team composed of various professionals (occupational therapist, social workers, nurses, family aid workers, family physicians, consulting psychiatrists) offer psychotherapeutic or symptom management services to a multi-ethnic adult clientele that presents various related problems such as mood disorders including depression, anxiety disorders, post-traumatic stress disorder, somatization disorders and personality disorders, etc.

Services include assessment, referral, treatment and consultation. Given the clientele, proficiency in both French and English is essential.

Approach and interests

The supervisor-psychologist works within a psychodynamic framework (understanding of the inner world of the client, perceptions of oneself and others (object relations), emotional triggers, personality structures with related recurring themes, work on the ego strengths and adaptation to the realities of adult life, etc.), with cognitive-behavioral therapy tools, psychoeducation (self-regulation, communication, etc.), and a systemic approach.

The intern will thus have the opportunity to broaden his knowledge of the psychodynamic approach to object relations, in particular with regards to personality disorders based on Masterson conceptualization and Young schemas, transference/countertransference management using the PGRO (CIG of Montreal), Bateman-Fonagy mentalizing-based treatment and on the treatment of complex chronic trauma. He/she will evolve in a context of bio-psycho-social rehabilitation, that is to say, that emphasis will be on reactivation, gradual exposure to avoidance situations, risk taking for exploring interpersonal relationships, development of client’s social network, etc.
The intern will also integrate tools and a better understanding of the cognitive-behavioral approach, self-management tools for depression and anxiety disorders. He/she will develop his/her knowledge in the use of bibliotherapy, crisis management strategies (suicidal, spousal abuse, etc.) and addictions detection, and will learn how to intervene with people of cultural and sexual diversity.

Internships available

The capacity within this service is 1 intern in psychology per year.

Main activities of the intern

- Individual supervision of 2 hours per week
- Psychological assessments with interviews
- Writing psychological reports, intervention plans, progress notes, etc.
- Participation in interdisciplinary team meetings and case discussions
- Psychological follow-up of clients
- Participation in clinical and scientific conferences, group clinical training, clinico-theoretical seminars
- Working in a multi-disciplinary context: reference writing and collaboration with the occupational therapist, social workers, addictions worker, nurses, doctors, psychiatrists, etc., as well as organizations that are involved with the client
- Readings and review of articles and clinical books related to the problem encountered by the client

Requirements

- Functional bilingualism (English and French)
- Available a minimum of 3 days/week

To apply for this internship, please complete the following form: Internship Application Form – CRCL-CLSC or visit our website at: http://www.ciusss-centreouestmtl.gouv.qc.ca/en/teaching/internships/

The deadline for the submission of applications is December 11th at 4:30 PM.
Supervisor:
Carolyne Fortin, M. Ps.
Psychologist since 1996, at CLSC Parc-Extension since 2009
514-273-9591 ext. 639328
Carolyne.fortin@ssss.gouv.qc.ca

Description

At the CLSC Parc-Extension, an interdisciplinary team composed of different professionals (social workers, nurses, occupational therapists, family aid workers, psychiatrist and psychiatric residents) offer various psychological, psychosocial and medical services to a multiethnic adult clientele presenting various and concomitant disorders such as depression, anxiety disorders, post-traumatic stress disorder, somatization disorders and personality disorders with comorbidity.

Services include assessment, counseling, treatment and consultation.

The intern in psychology who joins the team is expected to intervene in a context of cultural diversity since the territory of the CLSC Parc-Extension is mainly characterized by an immigrant population of various statuses. The neighborhood represents a point of contact for many newcomers who do not master French or English, but is also populated by second- and third-generation immigrants. In this context, the intern will become familiar with the practice and the challenges encountered in the intervention in a context of cultural diversity. The intern will develop an intervention experience in the presence of an interpreter, whether during certain evaluations or follow-up therapy. The student's proficiency in French and English is essential given the profile of the clientele.

Approach

The CLSC Parc-Extension approach within this particular stage offer is the cognitive-behavioral approach, with the integration of behavioral dialectic techniques (Mindfulness) aimed at reducing the intensity of distress and improving emotional regulation. The clinical approach is also adapted to ethnicity and cultural diversity (Cultural Psychology).
Internships available

The capacity for this service is 1 to 2 interns in psychology per academic year.

Duration of internship

The length of the internship depends on the academic requirements. The academic year usually starts in September and continuing until April. It may, however, take place over a shorter or longer period depending on the needs, availability and academic requirements. The number of days of attendance depends on the type and requirements of internships and the availability of the supervisor (usually between 1 day / week and 5 days / week).

Modality of supervision

Supervision is offered on a weekly basis. The number of hours meets academic requirements. Depending on the possibilities, group supervision may also be offered.

Main activities of the intern
• Clinical supervision (2 hours per week)
• Psychological assessments with interviews and use of psychological questionnaires from time to time
• Writing of psychosocial reports, intervention plans, progress notes
• Participation in interdisciplinary team meetings and case discussions
• Psychological follow-up of users
• Reading and review of articles and books related to the client needs
• Participation in clinical and scientific activities (depending on availability) such as clinical focus group, clinical and scientific conferences, group clinical training, clinical-theoretical seminars
• Participation in cross-cultural seminars

To apply for this internship, please complete the following form: Internship Application Form – CRCL-CLSC or visit our website at: http://www.ciusss-centreouestmtl.gouv.qc.ca/en/teaching/internships/

The deadline for the submission of applications is December 11th at 4:30 PM.
CLSC – Adult Mental Health - 1st Line

CLSC – ADULT MENTAL HEALTH 1st LINE

F6 - CLSC Métro

Supervisor:
Annabelle Gagné M. Ps.
Psychologist in CLSC since 1999, at CLSC Métro since 2005
514-934-0505 ext. 7328
annabelle@ssss.gouv.qc.ca

Description

At the CLSC Métro, an interdisciplinary team of professionals (occupational therapist, social workers, nurses, family health worker, family physician, psychiatrist consultant) offers psychotherapeutic or symptom-based treatment services based on recovery to an adult population who presents various related problems, such as mood disorders including depression, anxiety disorders, post-traumatic stress disorder, and personality disorders.

Services include assessment, referral, treatment and consultation. Given the clientele, proficiency in French and English is essential; some therapeutic follow-up can be done in conjunction with transcultural clinic.

The territory of the CLSC Métro has two Anglophone universities and one CEGEP, a significant cultural diversity, an aging population, several community organizations offering low-cost housing to vulnerable people (ex. Amitié-Friendship, Maison Nazareth, Y des femmes, etc.) who often require support from the Adult Mental Health team of the CLSC.

Approach and Interests

The supervisor-psychologist works within a psychodynamic framework (understanding of the inner world of the client, perceptions of oneself and others (object relations), emotional triggers, personality structures with related recurring themes, work on the ego strengths and adaptation to the relations of adult life, etc.), with cognitive-behavioral therapy tools, psychoeducation (self-regulation, communication, etc.), and a systemic approach.
The intern will thus have the opportunity to broaden his/her knowledge in the psychodynamic approach to object relations, in particular with regard to personality disorders based on Masterson conceptualization and Young schemas, transference/countertransference management using the PGRO (CIG of Montreal), Bateman-Fonagy mentalizing-based treatment and on the treatment of complex chronic trauma. He/she will evolve in a context of bio-psycho-social rehabilitation, that is to say that emphasis will be on reactivation, gradual exposure to avoid situations, risk taking for exploring interpersonal relationships, development of client’s social network, etc.

The intern will also integrate tools and a better understanding of the cognitive-behavioral approach, self-management tools for depression and anxiety disorders, stress management techniques (cardiac coherence, visualization, mindfulness, anchoring, etc.). He/she will develop his/her knowledge in the use of bibliotherapy and familiarize himself with the contributions of the systemic approach (understanding triangulation phenomena, systemic homeostasis, etc.). He/she will explore the various diagnoses of DSM 5, crisis management strategies (suicidal, spousal abuse, etc.), anger management and addictions detection, and learn how to intervene with people of cultural and sexual diversity.

Internships available

The capacity within this service is 1 to 2 interns in psychology per year.

Main activities of the intern

- Psychological assessments with interviews
- Writing of psychosocial reports, intervention plans, progress notes, etc.
- Participation in interdisciplinary team meetings and case discussions
- Psychological follow-up of users
- Participation in clinical and scientific activities (depending on availability) such as clinical focus group, clinical and scientific conferences, group clinical training, clinical-theoretical seminars
- Work in a multi-disciplinary context: reference and collaboration with occupational therapist, social workers, addictions worker, nurses, physicians, psychiatrists, etc. as well as with the organizations that surround the client (crisis center, hospital, family (if needed), cross-cultural clinic, etc.).
- Visits to relevant community organizations (crisis center, Y des femmes, Revivre, etc.)
- Reading of articles and books related to the client needs
- Individual supervision of two hours a week
- Group supervision if the number of interns allows for it
Requirements
• Functional bilingualism
• At least one completed internship
• Available a minimum of 3 days/week

Some of the activities will be evaluated with the one-way mirror and/or the audio recording.

To apply for this internship, please complete the following form:

Internship Application Form – CRCL-CLSC
or visit our website at:

The deadline for the submission of applications is December 11th at 4:30 PM.